THE CODE 9 PROJECT S.H.A.R.E. PROGRAMS

S.H.A.R.E. 2 Day Interactive First Responder Workshop

S.H.A.R.E. 2 Day Command Leadership Workshop

S.H.A.R.E. 1 Day Family Workshop

S.H.A.R.E. 1 Day Intro to Peer Support Training

S.H.A.R.E. Movement and Stress Reduction Workshop

S.H.A.R.E. Acute Incident/Rapid Response (contact for more information)

S.H.A.R.E. Professional Speaker Series (contact for more information)

Contact:

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THE CODE 9 PROJECT

Information Sheet

Code 9 Project

The Code 9 Project is a national non-profit organization dedicated to providing; support, education and viable self-help resources to all First Responders and their Family members through the medium of film, workshops and health programs.

The Code 9 Project also serves as a bridge between First Responders, Police/Fire/EMS Departments and their communities by providing; outreach, education and positive community building programs.

By educating communities about the unique career stressors that First Responders experience on a daily basis, we promote the opportunity for communities to provide the positive support and resources needed for their First Responders.

Two-Day First Responder Training:

First Responder courses are designed to address the impact of stress on First Responder. Topics such as General Stress, PTSD, anger, fear, anxiety, wellness and communication will be addressed. Self-help strategies for identifying and coping with these topics will be presented.

Two-Day Command Leadership Workshop:

Learn how to integrate Command Staff as active participants in department and officer wellness, suicide prevention and PTSD awareness programming. Learn how to implement accountability strategies for emotional health department wide. Connect with other departments for innovation and strategy on these important topics.

One-Day Interactive Family Workshop:

First The courses for family members will be routed in stress education. Courses will be offered in identifying stress patterns, PTSD, stress management and family/peer support.

One-Day Intro to Peer Support Training

Intro to Peer Support programs offer a unique and necessary form of support and resource for the management of these stressors

The Code 9 Project

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