

CODE 9



T.U.F.

Talk Unwind Focus

Universal Peer Support Group

Contact:

Website:

www.Thecode9project.org

Training and general Inquires:

thecode9project@gmail.com

Outreach/Help/Support Assistance:

code9share@gmail.com

Phone: (929) 244-9911



WHO:

Active duty:
Law Enforcement,
Corrections, and
First Responders,
Federal, State and Local

Anonymous Safe Confidential

WHAT:

A safe, and confidential
space for those without
access to peer support or
who are unable to utilize
their local services.

Universal support, no
organizational affiliations
or biases. Confidential
resources that you can
rely on.

All Are Welcome

T.U.F.™

TALK

Build positive foundations
of support

Share experiences

Group Discussions on
pertinent topics

UNWIND

Tools for stress, health and
coping

FOCUS

Create connections, helping
each other

Achieve clarity and
perspective

WHY:

Our goal is to provide trusted
and accessible resources to
as many active duty members
as possible, so no one goes
unheard or unsupported.

We are in this together

WHERE:

Code 9 T.U.F. Chapters
are currently located in
AZ, CA, FL, MA, NJ,
NY and growing.

